# TESTA PRODUCE Market Report

Outlook for the Week of October 19, 2015







### BERRIES

**Blueberries** steady market, light supply, good demand *Demand exceeds supply* 

**Raspberries** steady market, fairly good demand *Wide range in quality* 

**Strawberries** about steady—steady market, very good demand *Wide range in quality* 

**Misc. Berries** steady market, very good demand *Wide range in quality* 

# **CITRUS**

**Clementines** have an about steady market, moderate demand

**Lemons** about steady—steady market, with light—moderate demand *Wide range in price and quality* 

**Limes** market for 175-200s are fairly light, 150s-110s are light while others are about steady *Wide range in price and quality* 

Oranges steady market, moderate demand

**Tangerines** market, is about steady with moderate demand

## **MELONS**

**Cantaloupe** has an about steady market, moderate demand

**Honeydew** market is about steady, good demand **Watermelon** about steady marker, good demand

### **NON-CITRUS FRUITS**

Apples steady market, good demand

Grapes steady market, moderate demand

**Kiwifruit** about steady—steady market, moderate demand

**Papaya** about steady—steady market, light supply with light—very good demand

Pears market is steady with good demand

**Pineapple** about steady market, light supply, moderate demand

**Pomegranate** about steady market, fairly light demand *Wide range in quality* 

**Mangoes** market is about steady with moderate demand

# **VEGETABLES**

**Beans** lower market with moderate demand **Broccoli** about steady-slightly higher market, demand varies from light—good *Wide range in price and quality* 

**Cabbage** slightly lower—about steady market, moderate demand

**Carrots** about steady market, moderate demand *Wide range in price and quality* 

**Cauliflower** lower—about steady market, supply 16s are fairly light, good demand *Very wide range in price*, *quality and weight*.

**Celery** about steady—slightly higher market, good demand *Wide range in price and quality* 

### Market Report, Cont'd...

Cucumbers about steady—higher market, moderate demand Wide range in quality and condition

Lettuce market ranges from lower—higher, moderate demand Wide range in price and quality

> **Iceberg** about steady—slightly higher market, good demand Very wide range in price, quality and weight

Romaine about steady market, good demand Wide range in price, quality and weight

**Peppers** market ranges from lower—higher with moderate demand Wide range in quality and size

> **Bell Type** lower market, light supply moderate demand Wide range in appearance

**Tomatoes** about steady—higher market, light supply very good—moderate demand

> **Grape Type** about steady market, light supply, good demand

**Plum Type** about steady market, light supply, fairly good—very good demand Quality and condition variable

### **POTATOES AND ONIONS**

**Onions, Dry** steady market with moderate demand

Potatoes market is about steady moderate demand



## Produce Quiz

When my coiled frond pokes through the soil it is a sure sign that spring has arrived. I am only available to harvest for about two weeks in any area I am discovered before I unfurl into graceful yet inedible plumes. My harvest spreads across the country, beginning in the Pacific Northwest and migrating east where our most popular specimens are found on our prime terrain. Respectively, my centers begin gray and turn a lush green as the harvest moves east. My taste is a cross between asparagus, green beans, and artichokes. I provide all these wonderful flavors along with a very appealing chewy texture. I can be steamed, simmered, braised, sautéed, or boiled. You will find me roaming around in salads, standing tall and proud in vegetable medleys, or drenched in hollandaise, maltaise, or butter sauce. Recently I have appeared in many a fine meal drizzled with some kind of ancient black vinegar from Italy that's over 100 years old. I am an excellent source of vitamin A and a reasonably good source of vitamin C and fiber. For a while we thought Townsend had made us immortal in his music, but we've learned that Uncle Ernie was not referring to us at all.

# Last Quiz Answer: **STAR ANISE**

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