# TESTA PRODUCE Market Report

Outlook for the Week of October 26, 2015







### BERRIES

**Blueberries** barely steady market, light supply, good—very good demand *Wide range in quality* 

**Raspberries** steady market, fairly good—good demand *Wide range in quality* 

**Strawberries** steady market, very good demand *Wide range in quality* 

**Misc. Berries** steady market, light supply, good—very good demand

# **CITRUS**

**Clementine** about steady market, moderate demand

**Grapefruit** steady market, fairly light supply, fairly good demand

**Lemons** steady market, light—moderate demand *Wide range in price and quality* 

**Limes** market for 100-150s are about steady while others are slightly higher

**Oranges** steady market, fairly light supply, moderate demand *Wide range in quality* 

**Tangerines** about steady market, moderate demand

# **MELONS**

**Cantaloupe** about steady market, fairly light demand

**Honeydew** about steady market, good demand *Wide range in quality* 

**Watermelon** about steady market, fairly light demand *Wide range in quality and condition* 

### **NON-CITRUS FRUITS**

**Apples** about steady—steady market, fairly good—good demand

**Grapes** about steady market, demand for Autumn King are good while others are fairly good

Kiwifruit market about steady, moderate demand

**Papaya** about steady—steady market, fairly light—moderate demand

Pears about steady market, good demand

**Persimmons** steady market, moderate demand

**Pineapples** about steady—steady market, light supply, demand ranges from light—moderate *Demand exceeds supply from Costa Rica* 

Pomegranates steady market, fairly light demand

# **VEGETABLES**

**Beans** about steady market, very light supply from CA, moderate—very good demand

**Broccoli** market is slightly lower—about steady, fairly light—moderate demand Wide range in price and quality

**Cabbage** lower—about steady market, demand varies from light—moderate

**Cauliflower** lower market, very light supply, light demand, *Wide range in quality and price* 

**Celery** market ranges from light—about steady, demand is fairly good at lower prices *Wide range on price and quality* 

**Cucumbers** about steady—steady market, light—moderate demand *Wide range in quality/ condition* 

#### Market Report, Cont'd...

Lettuce about steady market, moderate demand Wide range in price and quality

> Iceberg slightly higher market, good demand Wide range in price, quality and weight

**Romaine** market ranges from about steady—higher, good demand Wide range in price, quality, and weight

**Peas, Green** about steady market, light supply moderate demand

**Peppers** about steady—steady, supply Anaheim and Serrano are light with fairly light—moderate demand

**Tomatoes** about steady market, light supply, moderate demand Quality Variable

> **Grape Type** about steady market, light supply, fairly good demand

**Plum Type** market, ranges from lower about steady, light supply, light—moderate demand Wide range in quality and condition

# **POTATOES AND ONIONS**

**Onion, Dry** steady market, with light demand **Potatoes** about steady—steady market, fairly light—light demand



# Produce Quiz

I am tired of being the bowl. Cut off my head, scoop out my seeds, and fill me up with soup. This is often the story of my life. Named after squirrel food due to my shape my skin can be green, gold, white or variegated in green, yellow and orange. I am a shrubby; creeping plant and my shape is conical with a pointed apex and longitudinally grooved. Compared to my summer cousins I take a long time to grow, averaging about 80 to 100 days. I am in the same family as the melon and cucumber and I am believed to have wild origins in Central America, between Mexico and Guatemala dating back over ten thousand years. Christopher Columbus is credited with introducing my ancestors to Europe. My thin skin is very hard to peel so it is usually left intact. My flesh will reveal a peppery hazelnut flavor that is universally admired. In fact, when not being used as a bowl, you can just cut me in half, drizzle some butter (tanning oil to me) on my flesh, then top with honey, cinnamon, brown sugar, and/ or nutmeg. Roast me for just under an hour and I'll prove to you that bowls are better in plastic, paper or china. Don't forget to cover me in the oven or my top layer will burn, and I never got along well with aloe. While I am an excellent source of potassium and vitamin A, I also contain vitamin C, folic acid and copper.

# Last Quiz Answer: FIDDLEHEAD FERNS

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